

Medical Forms, Insurance and Medic Alerts

Medical Services:

The camp health lodge is staffed by qualified medical personnel and is available 24 hours a day. For insurance purposes and for the health and safety of all participants, all accidents and illness, no matter how minor, must be reported to the Health Lodge and recorded. Arrangements have been made with the local rescue squads and hospitals to handle any medical emergencies.

Physical Examinations:

- Medical forms must accompany each Scout and Leader to camp. **Each form must be signed by both parent or guardian and physician.** Please attach a copy of your family insurance card to the medical form.
- Class III Medical Forms (BSA Form 34412B) are required for adults over 40 and participants in the Sail the James and Sail Hampton Roads Programs.
- Please remember that while physician's signature on Class II Medical Form (BSA Form 34414B) is valid for 36 months, the personal health history sections must be completed annually. **We must have a recent signature in the parental consent section!** We suggest that you simply attach a new form to your old form.
- National standards require that any person staying overnight must have a valid medical form. Late arrivals should report to the office and then to the health lodge. Visitors do not need physicals; they must report to the office and receive a visitor wrist band.

Medical Alerts:

Summer camp can be an exhausting experience. Many activities are physically strenuous and may result in special medical support consideration. Therefore, it is necessary that medical staff be aware of participants with the following medical conditions.

- Diastolic blood pressure greater than 100 mm Hg
- Diabetes mellitus under treatment
- Sickle-cell anemia, hemophilia, leukemia, or severe blood dyscrasia
- Epileptic seizures having occurred within the past 12 months
- Acute or severe bronchial asthma under treatment anytime within the past 24 hours
- Psychiatric illness under current treatment
- Physical disability
- Cardiac history
- HIV infection
- Marked obesity

All sensitive information is confidential between the participant and the Camp Medical Officer.

Prescription Medications:

If your Scout is bringing prescription medications to camp, then the parents should fill out the "Prescription Medication Information Form" for each drug brought. This form should be attached to the Scout's physical exam.

Next, have the boy's parent fill out a prescription medication card for each meal or time that medications will be taken throughout the week. Place the card and **medication(s) in the prescription bottle/container** in a small Ziploc bag.

As Needed Medications:

We realize that some participants use medications that are used on an as needed basis such as Claritin. Please use the "As Needed Medication Form".

Emergency Medications:

Epi Pens and Inhalers are considered Emergency Medications and should not be turned into the Health Lodge but **should be included on the medical information forms** for the Health and Safety Officer!