

## Health and Safety

### **The Following Are Not Allowed:**

1. Fireworks.
2. Alcoholic beverages or illegal drugs.
3. Flames in tents.
4. Pocket knives over four inches long or sheath knives.
5. No personal firearms except for those brought for rifle shooting merit badge. The arms must be locked in the range house throughout the week. Do Not Bring Ammunition.
6. No Bicycles.
7. No pets allowed.
8. Smoking is, at best, a poor example for Scouts. Use or possession of tobacco products by anyone under the age of 18 is illegal in Virginia. All camp buildings are smoke free environments. Leaders, we ask that you do not smoke on the trail due to the potential fire hazard and in the designated smoking area out of sight of the youth.

### **Vehicles and Parking:**

1. No riding outside of a vehicle's enclosed passenger compartments. This means no rides on hoods, trunks, fenders, tailgate, or in the bed of trucks.
2. Seat belts must be worn at all times!
3. The camp speed limit is 15 mph.
4. A parking permit will be issued for the dashboard of each vehicle parked in camp. Please display these so that they are easily visible.

### **Liquid Fuels:**

The use of liquid fuel stoves and lanterns in a campsite is permitted under the supervision of an adult leader. Under no circumstances are liquid fuels or lanterns allowed in tents. Bulk containers of fuel and unattached propane tanks must be stored in the fuel bin at the Quartermaster Shed near the Trading Post. An approved spun aluminum fuel bottle is not considered to be a bulk container.

### **Emergency Procedures:**

On your first day in camp, emergency procedures will be explained to troop leaders and Scouts. In the event of an emergency, please notify a member of the camp staff immediately. Please do not attempt to deal with the emergency yourself, regardless of the situation. If the situation seems at all dangerous, the priority is to evacuate all Scouts and leaders from the area.

Recipe for a Safe, Enjoyable Week at Camp:

- Drink lots of water
- Get plenty of sleep
- Wash your hands often
- Take a shower every day
- Wear sunscreen
- Be careful